Dear Parent

Keeping your child safe online

From learning in class to playing games at home, children are doing more on the internet than ever before – and it's a wonderful place. However, just as in `real life', it's important to make sure your child is staying safe online. We know how demanding it can be to find the time when you're a busy parent, and also just how daunting it can be to try and work out if the information you've found online is up-to-date.

InternetMatters.org is a portal dedicated to making sure all parents are only a click away from advice, tips and support about online safety for children. The information is divided into age-appropriate sections to help you talk to your child about the issues and technologies they'll come across as they grow up online. From setting your parental controls to teaching your child how to be a good friend online, you'll find a wealth of information so that you can spend less time researching and more time having fun with your family.

Parentinfo.org is a site for schools and parents. The Parent Zone's work has focused on the impact of digital technologies on families. They provide information and resources for parents and those who work with them.

Thinkuknow.co.uk has resources, support and tips for parents of children of all ages and it includes information on what children are doing online and the associated risks as well as the recently launched films to help parents understand about `nude selfies'.

Leaflets for Facebook, Instagram, Snapchat and Twitter that give advice and encourage safe use are available from SWGFL.org.uk. Please note that the age restrictions for these programs mean that they are for aged 13 and over.