

CAD 5-19 Team – Resources to support SEND learners – Part 3

Dear SENCOs/ Parents and carers,

This update follows previous resource support published on 31st March and 16th April. Following feedback from SENCOs we have focused on including further resources to support anxiety, wellbeing and mental health. These contain advice and activities that can be used by both educators and parents. If there are any resources, social stories or guidance you feel would be beneficial to your learners please contact us directly.

We have provided a sample of specific links we feel will provide support for pupils with additional needs. These are not the only resources available, however we have tried to avoid websites providing long lists of signposting to other websites which can become overwhelming.

Some of these websites have a specific SEND focus or area whilst others have activities grouped by age. For those with age recommendations please consider which activities are most appropriate for your children based on their developmental level rather than age.

Please note these resources included are there as a guide, not all resources will be appropriate for all children so please preview websites and resources to share those that are appropriate for your children. Some websites may require a log in but most are free for the period during which schools are closed (please check individual websites).

Most importantly, please remember that although formal lessons like English and maths are important they are not the only way to learn! It is equally, if not more important at this time to spend time with your children and young people; sharing life skills around the home, maintaining physical activities, having fun and allowing for relaxation time (for parents and teachers as well as children!).

Best wishes

CAD 5-19 Support Team

Learning activities

BBC Bitesize – Teaching videos and activities for a variety of subjects from Y1 to Y10. Lessons are updated daily.

<https://www.bbc.co.uk/bitesize/dailylessons>

Also includes a parent's SEND toolkit (some links to external websites other than BBC).

<https://www.bbc.co.uk/bitesize/articles/zh9v382>

McDonalds – Fun creative activities, colouring sheets and a small selection of books with reading tips at the back (created in conjunction with National Literacy Trust).

<https://www.mcdonalds.com/gb/en-gb/family-hub.html>

Read, Write inc. – Phonics programme with phonics, reading and spelling lessons streaming every day and available for 24 hours.

Also includes story time and poetry time videos.

<https://www.ruthmiskin.com/en/find-out-more/parents/>

https://www.youtube.com/channel/UCo7fbLgY2oA_cFCI9GdxtQ/videos

Scratch – Computer programming. You can programme your own games, stories and animations and play projects created by others.

<https://scratch.mit.edu/>

Blockly Games – Educational games teaching programming for those with no prior experience of programming.

<https://blockly.games/?!lang=en>

The National Literacy Trust – Family Zone contains links to Literacy activities, stories to watch and listen to, drawing tips and links to further useful websites. Activities are organised by age range

<https://literacytrust.org.uk/family-zone/>

There is also a collection of short stories and poems from well-known children's authors, accessible through the website, which is dedicated to key workers. This collection is designed to 'comfort, inspire and entertain children in lockdown'.

<https://literacytrust.org.uk/family-zone/9-12/book-hopes/>

Poems and stories with Michael Rosen

<https://www.youtube.com/user/artificedesign/videos>

Hungry Little Minds – Government website containing simple, fun activities for those at a developmental age of 0-5.

<https://hungrylittleminds.campaign.gov.uk/>

Oak National Academy - A sequenced plan of video lessons and curricular resources for you to use as you wish, to complement your teaching and planning. Developed by 40 state school teachers from different areas; it is entirely free, accessible on any device and no log ins are required. Supported by DfE. They offer a schedule of lessons daily of teachers can use lessons for particular subjects. Lessons cover reception to KS4.

<https://www.thenational.academy/information-for-teachers/>

They are currently working on specialist for pupils with additional needs, and teachers based in specialist settings. This offer should be available from 4th May.

<https://www.thenational.academy/specialist-provision>

Northern Ireland Curriculum - Practical resources to support developing a sensory curriculum for learners. Activity outlines and list of resources required.

<https://ccea.org.uk/learning-resources/thematic-units-pmld>

Communication and Interaction

Widgit iPad/ tablet access - Widgit Online is now fully accessible on iPads and tablets. Go to www.widgitonline on your tablet and login as normal; you can access all your files and make new grids and documents and even access the camera to make instant (and relevant) symbol replacements.

Free 30-day, enhanced trial, is still available using code is WIDGIT30 and you can find out more from <https://bit.ly/2QGH1f7>

TACPAC – Set 5 currently free with code 8Q7A3TXS.

Tacpac uses music and touch to structure sensory communication and can be used to support sensory regulation. Suitable for any age including pupils with sensory impairment, developmental delay, complex learning difficulties, tactile defensiveness, and limited or pre-verbal levels of communication. Once you have Set 5 it's important to watch the videos of the activities on the Tacpac website to help you get started. Here's how to find them:

1. Go to tacpac.co.uk, click on 'My Account' in the main navigation and sign in
2. On your dashboard, click 'Memberships', it's in the pink list on the left hand side
3. You will see Set 5 listed there, click 'view'

<https://tacpac.co.uk/product/set-5>

SEN teacher – various resources across subjects in addition to social skills, assistive technology, sensory and communication resources. Both printable resources and interactive tasks.

<https://www.senteacher.org/>

Tiny Happy People – Activities, advice and songs to help develop early communication skills. Aimed at a developmental age of 0-5.

<https://www.bbc.co.uk/tiny-happy-people>

I CAN – communication support including advice on how to talk to children about Coronavirus and communication activities.

<https://ican.org.uk/a-message-to-our-supporters-on-coronavirus/>

There is also a free telephone helpline for parents and practitioners to discuss questions or concerns about speech, language and social communication needs. They are currently trying to expand to giving video advice.

<https://ican.org.uk/enquiry-line/>

ITV Signed Stories – Link to an app which provides animated sign supported stories (only available on Apple not Android). Good selection of stories, some are free whilst others can be purchased (99p - £3.99 approx.).

<https://www.signedstories.com/apps/british-sign-language>

Social, Emotional and Physical Wellbeing

Education support - Mental Health and wellbeing support also provides a section on financial assistance and grants for education staff including voluntary staff, support staff and teaching students.

Free, confidential helpline 24/7 with trained counsellors. Support for staff in primary, secondary, further or higher education in England, Wales and Scotland.

UK-wide: **08000 562 561**

Txt: **07909 341229**

<https://www.educationsupport.org.uk/helping-you/coronavirus-supporting-education-staff>

Having Empowering Parents Empowering Communities (EPEC) Hub and the **National EPEC Team** – social media links to provide EPEC strategies to parents to support with practical advice, videos article and activities. Focus on parents taking care of their own wellbeing as well as that of their children.

- *Centre for Parent and Child Support CPCS Facebook page:*
<https://www.facebook.com/Centre-for-Parent-and-Child-Support-CPCS-100276281421476/>
- *Centre for Parent and Child Support CPCS Instagram page:*
https://www.instagram.com/cpcs_official/?hl=en
- *Centre for Parent and Child Support CPCS YouTube channel*
<https://www.youtube.com/channel/UCxjePVqql9HUpGqd81wDmvg>
- *Having EPEC Facebook page:*
<https://www.facebook.com/HavingEPEC/>

Dr Dog eBook – story to support sharing information around Covid-19 with young children and those who would benefit from simple, clear information.

<https://www.twinkl.co.uk/resource/dr-dog-ebook-eyfs-t-p-843>

Anna Freud Centre – Guide to supporting vulnerable pupils and students during periods of disruption

<https://www.annafreud.org/media/11322/supporting-the-most-vulnerable-children-and-young-people-interactive-160420.pdf>

British Psychological Society – Advice for talking to children about Coronavirus

<https://www.bps.org.uk/sites/www.bps.org.uk/files/Policy/Policy%20-%20Files/Talking%20to%20children%20about%20coronavirus.pdf>

Twinkl Wellbeing hub – resources and links supporting mental health and wellbeing. Aimed in particular at teachers, parents and other adults working with children; includes tips to look after their own mental health as well as those they support.

https://www.twinkl.co.uk/wellbeing/element/school-closures?utm_source=newsletter&utm_medium=email&utm_campaign=newsletter_2020-04-26_GB-ENG_0&utm_content=custom4

EEF - A set of resources for parents to support effective home learning. These are all based on the evidence-based recommendations in the EEF's guidance reports. These resources support parents to identify learning opportunities in everyday routines and build them into your home life. There is also guidance for supporting your child's behavioural, emotional and social needs at this time.

<https://educationendowmentfoundation.org.uk/covid-19-resources/support-resources-to-share-with-parents/>

Council for Disabled Children – link to information pack to support parent carers of children with an ASD or LD during this time. Information pack created by Cardiff and Vale University Health Board. Contains information on structure and routine, wellbeing, regulation, sleep, physical activities and managing behaviour. *Please note contact details are not for local services.*

<https://councilfordisabledchildren.org.uk/help-resources/resources/supporting-children-learning-disability-asd-coping-covid-19-isolation>

Philosophy for children – some ideas for supporting philosophical thinking, speaking and listening and sharing of ideas and opinions. Includes a link to a Covid-19 resource to discuss aspects of what is happening currently (best used with older students).

<https://archive.sapere.org.uk/Default.aspx?tabid=289>

Time capsule resource pack – This resource requires an upgraded Twinkl membership available from £4.49 per month and can be cancelled at any time.

<https://www.twinkl.co.uk/resource/coronavirus-time-capsule-resource-pack-t-tp-2549605>

Mentally Healthy Schools – Resources page can be filtered by type, key stage and resource type. Includes links for anxiety, bereavement, challenging behaviours and SEND areas.

<https://www.mentallyhealthyschools.org.uk/resources/>

Ambitious about autism – Guidance with tips to manage health anxiety and editable planners and timetables

<https://www.ambitiousaboutautism.org.uk/what-we-do/awareness/world-autism-awareness-month>

<https://www.ambitiousaboutautism.org.uk/about-us/media-centre/blog/uncertainty-anxiety-and-coronavirus-pandemic>

Child bereavement UK – Videos and advice sheets around supporting children emotionally due to the impact of Coronavirus including not being able to visit family and supporting bereavement.

<https://www.childbereavementuk.org/Pages/Category/coronavirus>

Winston's wish – supporting children through Coronavirus including bereavement and anxiety

<https://www.winstonswish.org/coronavirus/>

BBC own it Website and App - Advice around safe and positive use of social media and support to manage well-being online. The app can also track feelings, suggest advice sources, learn more about themselves and get advice as they type helping young people reflect on what they are sending to others.

<https://www.bbc.com/ownit>

NAS spectrum live - the coronavirus series. A series of videos with Q&A sessions to be screened.

<https://www.autism.org.uk/about/spectrum-live.aspx>

Episode 1- 'Coronavirus, health and wellbeing'

Wednesday the 29th of April at 7:30pm

Episode 2- 'Your care and support'

Wednesday the 6th of May at 7:30pm

Episode 3- 'Supporting children and young people'

Wednesday the 13th of May at 7:30pm

Episode 4- TBC due to the changing situation

imoves - Free access to Active Schools package for anyone working with primary school children. Over 1,200 lessons for primary schools (4- to 11-year olds) with a focus on active learning. Includes a full PE curriculum, active learning for other curriculum areas and resources for mental health and wellbeing. Includes videos for pupils to follow, lesson plans, powerpoints and teaching resources.

<https://www.imoves.com/cv19>

There is also a simplified platform for parents, 'imovement' with lots of videos and wellbeing activities. Parents can register on the link below.

<https://imoves.com/imovement-signup>