

CAD 5-19 Team – Resources to support SEND learners – Part 4 **Online learning activities**

Dear SENCOs, parents/ carers,

This update follows previous resource support published on 31st March, 16th April and 30th April; all of which can be found on the Havering local offer pages. Please find below a selection of further online activities to support learning and physical and emotional wellbeing. Some resources to support parents including home learning support lines and advice leaflets have also been included.

Please note these resources included are there as a guide, not all resources will be appropriate for all children so please preview websites and resources to share those that are appropriate for your children. Some websites may require a log in but most are free for the period during which schools are closed (please check individual websites).

Most importantly, please remember that although formal lessons like English and maths are important they are not the only way to learn! It is equally, if not more important at this time to spend time with your children and young people; sharing life skills around the home, maintaining physical activities, having fun and allowing for relaxation time (for parents and teachers as well as children!).

Havering Local Offer SEND resources page

<https://familyserviceshub.havering.gov.uk/kb5/havering/directory/advice.page?id=tVJ4-VHJnP0&localofferchannel=0>

Best wishes

CAD 5-19 Support Team

Learning activities

BeReady – Free curriculum Y7-10 online lessons created by teachers via YouTube videos. Resources for a variety of subjects including English, maths, science, R.E., languages and more. Requires sign up to access but no fee.

<https://bereadygroup.org/free-curriculum/>

Century - Century is offering free access to schools and families to their Maths, English and Science courses. It works by using Artificial Intelligence, neuroscience and the latest in educational research to dynamically adapt learning for individual students as they progress through the course.

www.century.tech

BBC Teach - free curriculum-mapped videos, arranged by age-group and subject.

<https://www.bbc.co.uk/teach>

Crick Software – Free access to Clicker (primary focus) and DocsPlus (secondary focus) for 4 weeks. Resources are available across a wide range of topics and support learners to independently tackle curriculum writing tasks. There are online training resources available and video guides to support use.

<https://www.cricksoft.com/uk/docsplus/docsplus-at-home/sign-up>

Call Scotland – easy read posters including iPad and Android apps available to support a range of needs including communication and learning needs.

<https://www.callscotland.org.uk/downloads/posters-and-leaflets/>

SENict Resources – Online activities for switch, touch-screen, mouse and eye gaze.

<https://www.ianbean.co.uk/senict-members-resource-portal/>

BBC Bitesize Dance mat typing – Simple touch typing games.

<https://www.bbc.co.uk/bitesize/topics/zf2f9j6/articles/z3c6tfr>

Doorway Online - A collection of free and highly accessible educational games that learners will find easy to use independently. Each activity has a range of accessibility and difficulty options. Activities include phonics, matching games and a touch typing program.

<https://www.doorwayonline.org.uk/>

ICT games - Free to play online educational games aimed at children between 5 and 8 years old. The games are linked to the UK KS 1 and 2 curricula.

<https://www.ictgames.com/mobilePage/index.html>

Dundee science centre – Great DIY experiments. There are also lessons, videos and activities in their home learning portal although some are more complex than others.

<https://www.dundeesciencecentre.org.uk/learning-resources>

Theatre of Science – free online interactive science lessons for 4-11 year olds including mini experiments using household objects.

<https://www.youtube.com/channel/UCUjgFd6ywbASaGxi5ZhW0NA>

Dyson Engineering challenge cards – Simple engineering and science challenges that can be done at home, **some will need adult supervision!**

https://www.jamesdysonfoundation.co.uk/content/dam/pdf/JDF_with%20cover%20challenge-cards_DIGITAL.pdf

Pobble 365 – Images with linked story starters, questions and sentence challenges to support and motivate story writing.

<https://medium.com/pobble/why-pobble-365-is-a-must-have-for-teachers-ccf1f0a034be>

https://www.pobble365.com/?utm_source=Medium&utm_medium=Blog&utm_campaign=pobble365_musthave_blog

Teach your monster to read – Free online reading programme to complement synthetic phonics programmes used in schools from letters and sounds to reading full sentences. Activities are game based and allow pupils to win new items to put on their own monster character.

<https://www.teachyourmonstertoread.com/>

Communication and Interaction

Speechlink Parent Portal – Free access to any parent (schools do not need to have a subscription). Activities and games from Speechlink packages along with developmental charts to help parents decide which activities are suitable for their child. Activities for early years, primary and secondary learners are included.

<https://speechandlanguage.info/resources/perch/content/covidclassrulesa3posterv2.pdf>

Social, Emotional and Physical Wellbeing

While we can't hug – story to show children what they can do to greet their friends and show others that they care while they can't give them a hug.

<https://www.youtube.com/watch?v=2PnnFrPaRgY&feature=youtu.be>

Stuck inside - A book about Coronavirus written for young children to help them understand what is going on and why it's important to stay indoors.

<https://www.stuckinsidebook.com/>

Dave the dog is worried about Coronavirus – story explaining the main facts about Coronavirus.

https://www.imperial.nhs.uk/~/_/media/website/patient-information-leaflets/childrens-services/coronavirus/dave-the-dog-is-worried-about-coronavirus.pdf?la=en

LGFL – Editable social stories including; 'What is Coronavirus?', 'Helping to stop Coronavirus', 'School is closing' and 'School is opening'.

<https://www.lgfl.net/covid19socialstories>

Everybody worries – A bright and friendly picture book, helping children learn that it's okay to worry about coronavirus. The ebook has a supportive tone, and provides ideas for dealing with coronavirus in a positive way.

<https://home.oxfordowl.co.uk/books/jon-burgerman-everybody-worries-free-ebook/>

Havering Mind – links to online communities, online resources and advice for supporting mental health.

<https://www.haveringmind.org.uk/coronavirus-support/>

CAMHS resources - A collection of downloadable self-help guides. Some are aimed at adults but the ideas and suggestions in them can still be relevant for young people and parents. Includes a coronavirus dedicated page with workbooks around worry and anxiety.

<https://www.camhs-resources.co.uk/downloads>

<https://www.camhs-resources.co.uk/coronavirus>

Anna Freud Centre – Helping children and young people to manage anxiety

<https://www.annafreud.org/media/11465/helping-cyp-manage-anxiety-apr2020-v3.pdf>

Every life matters - Wellbeing and mental health during Covid-19: A guide to looking after yourself and others. Includes advice and strategies around corona anxiety, listening tips and supporting young people.

<https://www.every-life-matters.org.uk/wp-content/uploads/2020/04/ELM006-COVID-19-public-info-a5-booklet-AW-online-1.pdf>

ELSA – bereavement resources included recommended books, website and free bereavement activity support pack.

<https://www.elsa-support.co.uk/bereavement-resources-for-parents-and-school-staff/>

Philosophy for Children – A variety of resources to promote and develop discussion including activities relating to lockdown experiences.

<https://archive.sapere.org.uk/Default.aspx?tabid=289>

Mindup – Mindfulness lessons and activities for children and families.

<https://mindup.org.uk/mindup-activities/>

Sensory house and garden – activity where learners can click to choose the design of certain rooms including a sensory room, music room and garden.

http://www.sensoryworld.org/sensory_house.html

Youth Sports Trust 60 second challenges – challenges for pupils to do individually or as a class, many do not require any equipment.

<https://www.youthsporttrust.org/60-second-physical-activity-challenges>

British Blind Sport and Blind Alive - A selection of audio described workouts and fitness classes suitable for visually impaired learners.

https://britishblindsport.org.uk/stay-in-work-out/?fbclid=IwAR3KGEu9DtrLIYb_qitoFWay69DCPnkGyEyhbqbdq23pD1doZB_PdmeXRJw

<https://www.blindalive.com/>

https://www.youtube.com/channel/UCSJCXbR_C7IztG4us-8Hjw

LOOK Active! – Fitness videos for visually impaired learners.

<https://www.youtube.com/playlist?list=PLVSYgnbH4Te9PUrOM18RsoIFAwuonbCrE>

Ella's wheelchair workouts – Wheelchair friendly fitness videos

<https://www.youtube.com/channel/UCPSgdS1UDK6Hcv0ZneodW0A>

Gympanzees – Physical activities for children of all abilities. Categories include wheelchair users, pupils with learning difficulties, behavioural difficulties and sensory difficulties.

<https://www.gympanzees.org/our-home/online-resource-hub>

Gympanzees also host free to attend video webinars which are available to view afterwards. They are run by specialist paediatric therapists and include understanding sensory processing, complex feeding difficulties and attention and engagement among others. 2-3 new sessions are added weekly.

<https://www.gympanzees.org/our-home/zoom-sessions>

Sensory

Paths to literacy - CVI videos – Adaptations of familiar songs and stories for children with cortical visual impairments.

<https://www.pathstoliteracy.org/resources/cvi-friendly-videos>

RNIB Messy and Muddy – a guide to outdoor play for learners with a visual impairment.

<https://www.rnib.org.uk/messy-and-muddy-guide-outdoor-play-children-vision-impairment>

RNIB Reading services – Solutions to enable people with sight loss to read. Books and newspapers are free to access and there is an easy read app available.

<https://www.rnib.org.uk/reading-services>

Parent support

Parenting Chaos – A nice, straightforward article providing transition strategies to support autistic learners with activity, location or routine changes.

<https://parentingchaos.com/transition-strategies/>

HES Booklet – Coping with your child’s behaviour during the Coronavirus lockdown – For parents, but also useful for staff including setting boundaries, play and using positive language.

https://search3.openobjects.com/mediamanager/havering/directory/files/positively_managing_your_child_s_behaviour.pdf?fbclid=IwAR0IRwzgZCzMU2VxZcYT5zvUVBL9brP-A6kFuPCy8BE2XdcNMet393Z2aMs

Starline - a national home learning helpline offering expert information and advice to parents and carers around home learning strategies, behaviour & wellbeing, curriculum subjects and SEND.

Telephone number: 0330 313 9162

<https://www.starline.org.uk/>

Contact – booklet providing advice on helping children sleep, focused around children with additional needs.

https://contact.org.uk/media/1183103/helping_your_child_sleep.pdf

Contact 1:1 listening ear service - offer 1-1 confidential phone appointments with our family support advisers for parents looking for a listening ear, reassurance and practical and emotional support at this time.

[https://contact.org.uk/news-and-blogs/introducing-our-new-1-1-listening-ear-service-\(1\)/](https://contact.org.uk/news-and-blogs/introducing-our-new-1-1-listening-ear-service-(1)/)

Disclaimer

This list of resources is not exhaustive and there are many other training materials, activities and advice available to schools. Please note that you use all content at your own risk. Resources made available through the lists are subject to third party terms and conditions and copyright law. Access to resources is in most cases free of charge, but it is your responsibility to check whether you have to pay to view and/or copy specific content contained within the resources.