

# Engayne's **Rainbow** Response 2020





“When will we talk about the mental health of the children?”

“This pandemic must not be allowed to rob the children of hope – the gift of childhood.”

# Returning to school

At Engayne we have been thinking about what a curriculum might look like for children in this next phase of school. We have used some guidance from researchers of education to help us with this.

We will be implementing for the Autumn period and into next term a '**recovery curriculum**' which acknowledges that there have been big changes for the children, as many have stayed at home for a long time.

These changes to everyone's 'normal life' means children may have experienced sudden and unplanned events which could lead them to feel worried, troubled and vulnerable.

# So what would a Recovery Curriculum look like ?

Our Recovery Curriculum at Engayne Primary School could be considered a bit like rainbow appearing after a storm.

Our rainbow response aims to spread across the whole school and appear in every subject area. From taking turns and sharing, outdoor lessons (including science, maths and forest school), reading lots of well-being books to game playing, mindfulness sessions, and plenty of talking time.

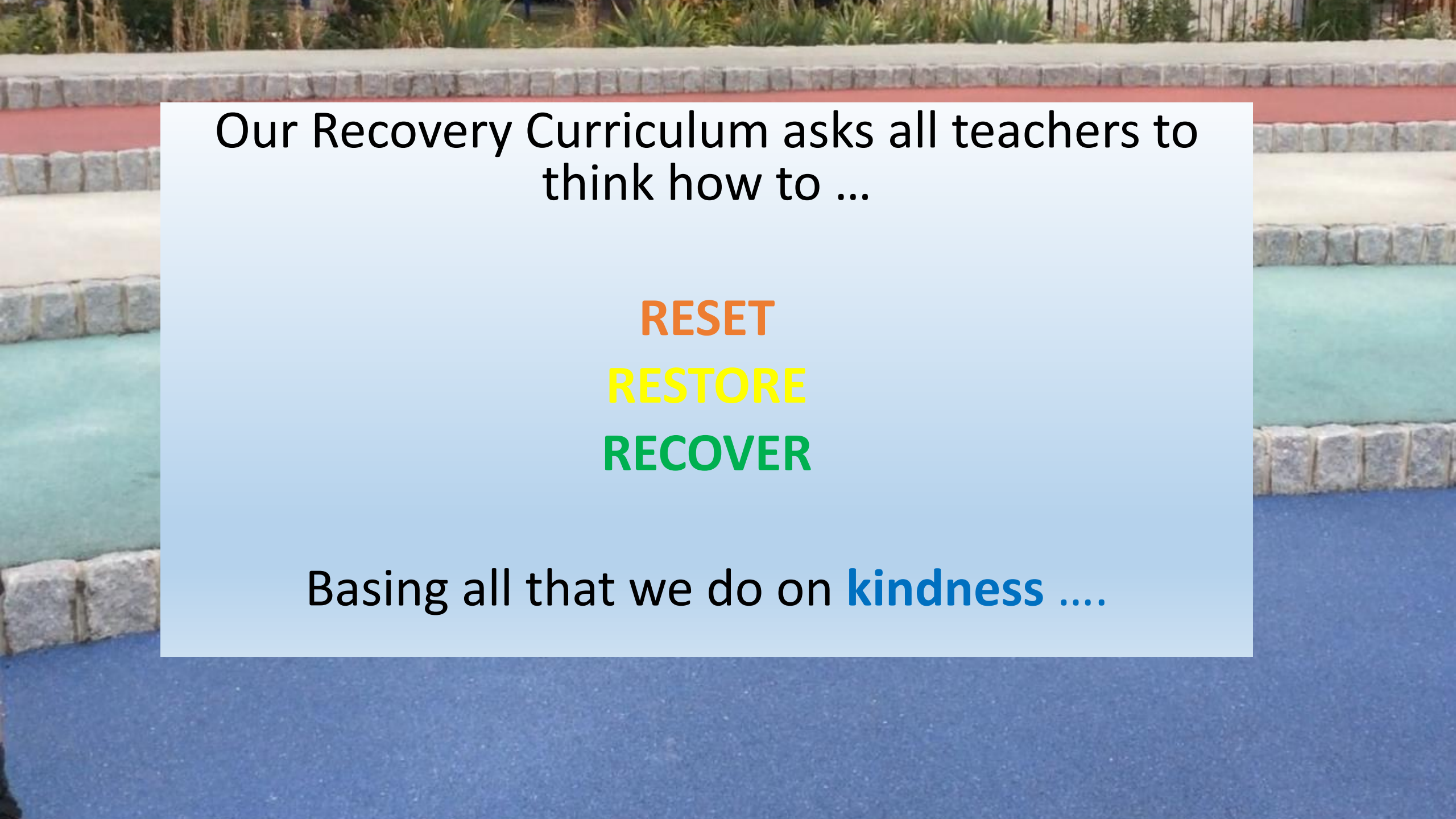
This should enable our children to continue to develop their emotional resilience; develop their self-regulation and learn *how to learn* in a school environment once again.



# Our whole school response

Our aims for the rainbow Recovery Curriculum are:

- **To build trust and relationships.**
- **To learn how to socially interact with adults and peers.**
- **To begin to follow a structure and routine.**
- **To learn how to co-regulate or self-regulate emotions and behaviours.**
- **To learn how to manage emotions.**
- **To engage in learning.**



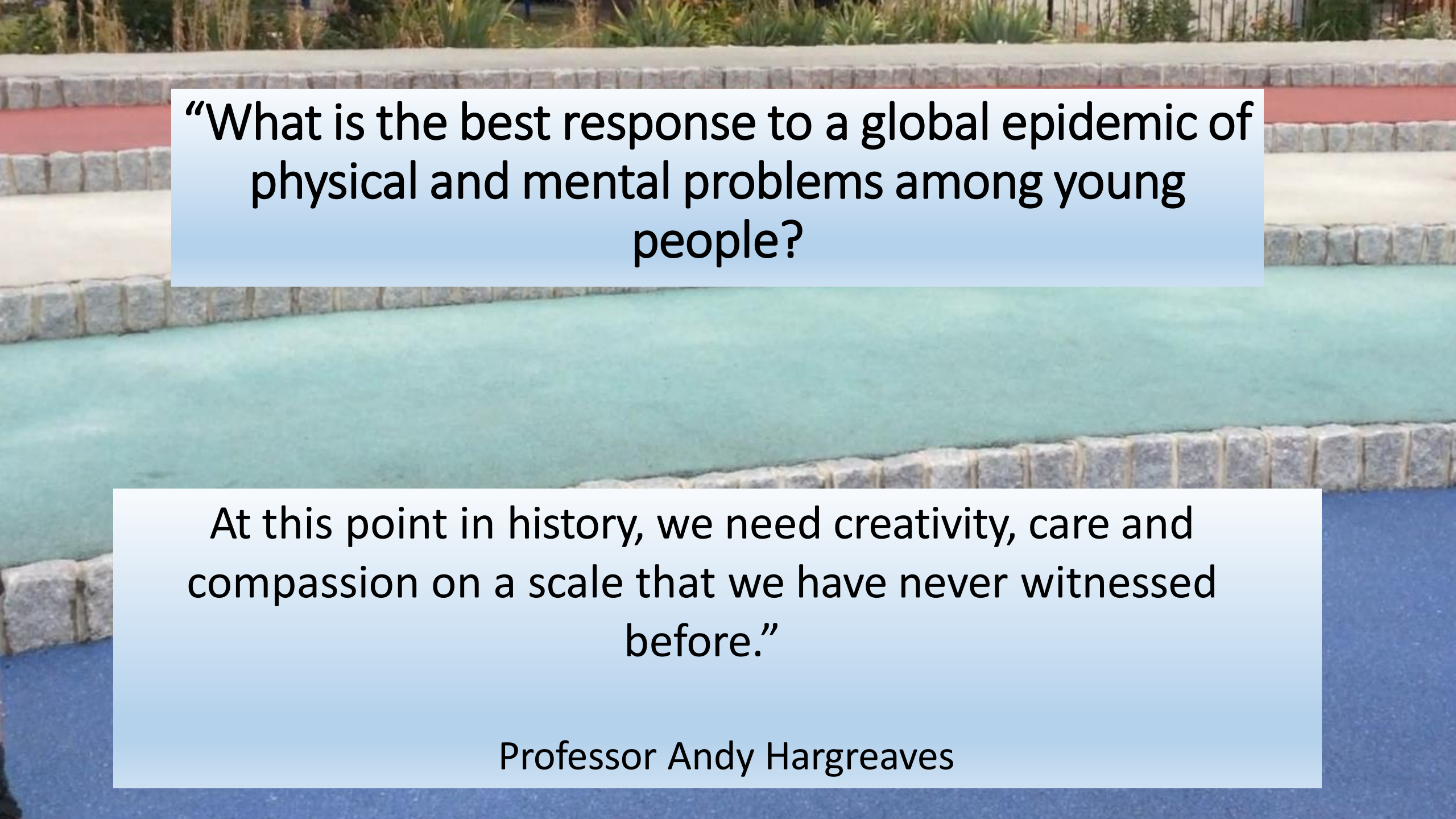
Our Recovery Curriculum asks all teachers to  
think how to ...

**RESET**

**RESTORE**

**RECOVER**

Basing all that we do on **kindness** ....



“What is the best response to a global epidemic of physical and mental problems among young people?”

At this point in history, we need creativity, care and compassion on a scale that we have never witnessed before.”

Professor Andy Hargreaves



## Useful links:

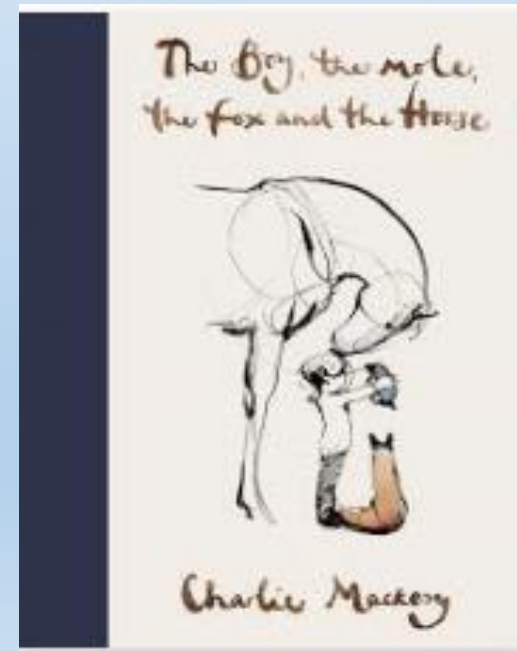
### Websites:

- [Engayne's Parents' Pages](#)
- [Engayne's Curriculum Long Term Plans for each Year Group](#)
- [2020 Pep Talk by children](#)
- [Young Minds- Supporting your child during the coronavirus pandemic](#)
- [Premier League Primary Stars- home learning](#)
- [Guided meditation Go Noodle- 'Flow'](#)
- [Guided relaxation for kids 'Peace Out' introduction](#)
- [British Red Cross wellbeing activities- being kind to yourself](#)
- [BBC Live Lesson- Wellbeing Bouncing Back to Class \(for teachers & parents!\)](#)

### Books:

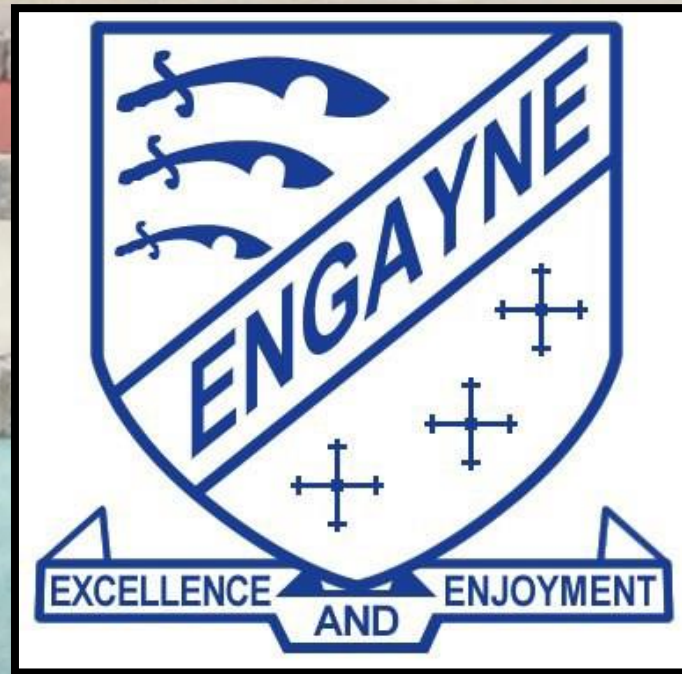
[www.booksbeyondwords.co.uk](http://www.booksbeyondwords.co.uk) (free pandemic based resources)

A selection of books we will be using in school. Family, friendships and love! ❤️



← A fantastic book promoting wellbeing and emotional literacy. We have been kindly donated a set of these books to share amongst the school. ❤️





Thank you for working with us to ensure all our children thrive in these difficult times.