



Wellbeing at Engayne.

## Letter 1

At Engayne, we believe that mental health and wellbeing is essential for a happy and successful life at school and beyond. Wellbeing plays such a key role in our school ethos, shaping our policies and procedures. We strive to improve the wellbeing of our students and staff in everything we do, seeking to build resilience, identify and monitor concerns, and support pupils and families who face challenges, especially in these times of continued uncertainty.

As part of our commitment to supporting wellbeing in our school, we are trying to earn the Well Being Award. The whole community is involved in the project but a small team comprised of Mrs Birchall, Mrs Sankey, Ms Monaghan and Mrs Grassick will be leading the initiative. We want all members of the Engayne community to be happy and feel comfortable to express themselves.

Our first step towards the award was to send out a questionnaire to pupil, parents and staff to find out what they thought was going well and what we could do to improve further. From this information, we are putting together an action plan for our next steps.

Thank you to all the parents that completed the survey for us and for all your helpful comments.

Everybody agreed that our children need to feel happy and secure in order to do well and flourish. Parents commented on the lovely environment in the school and the focus on mental health and well-being. Some of you mentioned staff that you found approachable and the positive experiences you have had.

We are aware that you aren't fully informed about the wellbeing award yet but we hope over the forthcoming year you will feel more informed as we roll out the action plan. We have listened to your points of view and understand that you need clear guidance on who you should speak to if you have any concerns and we want you to feel comfortable about contacting the school.



The government wants every school to have a designated mental health lead in place by 2025. The aim is to drive the cultural transformation, early intervention and support strategies required for students experiencing poor mental health to help them cope and succeed. Mrs Birchall will be the designated mental health lead for Engayne School and she will keep you up to date with changes within the school.

Please take some time to have a look at what we have already have in place to promote wellbeing at Engayne School by looking at the Wellbeing Information report on the parent pages on the school website.

<https://engayne.co.uk/wellbeing/>