

Delish!

by **HES** Catering

Would you like to
join our successful
catering team?

Yes! Please visit
our website:

www.haveringcatering.co.uk

We are always happy to share our recipes
for you to try at home, if you would like us to
send you a copy of a recipe please contact
schoolcatering@havering.gov.uk

All primary food being served
is **SILVER** Food for Life. This
means it is Locally, Organic and
Sustainably sourced, Higher Animal
Welfare and Freedom Food.

Look out for our
new plant based
dishes (VE)

Scan QR code
for Nutritional
Information

MAYOR'S MEALS
FREE School Meals for All
Key Stage 1 and
Key Stage 2 pupils

Contact

01708 433117

schoolcatering@havering.gov.uk



@Delish_byHES



WEEK 1

04/09/23, 18/09/23, 02/10/23, 16/10/23, 06/11/23, 20/11/23, 04/12/23, 18/12/23, 08/01/24, 22/01/24, 05/02/24, 26/02/24, 11/03/24, 25/03/24, 22/04/24, 06/05/24, 20/05/24, 10/06/24, 24/06/24, 08/07/24, 22/07/24

MONDAY

Choose a main meal....

Beef Burger in a Bun with Potato Wedges

Jacket Potato with Beans(VE), Cheese(V) or Tuna

Baked Quorn Burger in a Bun with Wedges (V)

On the side...

Corn on the Cob

Salad Bar

For dessert...

Lemon Cookie (VE)

TUESDAY

Choose a main meal....

BBQ Chicken with Diced Potatoes

Cheesy Tomato Pasta (V)

Crispy Vegetable Fingers with Diced Potatoes (VE)

On the side...

Broccoli

Salad Bar

For dessert...

Fresh Fruit Platter (VE)

WEDNESDAY

Choose a main meal....

Margherita Pizza with Potato Dippers (V)

Jacket Potato with Beans(VE), Cheese(V) or Tuna

Potato Dippers Topped with Cauliflower & Lentil Curry (VE)

On the side...

Sweetcorn

Salad Bar

For dessert...

Fruit Jelly (VE)

THURSDAY

Choose a main meal....

Roast Turkey

Cheesy Tomato Pasta (V)

Mince & Onion Puff (VE)

On the side...

Peas & Carrots

Salad Bar

For dessert...

Vanilla Ice Cream Tub (V)

FRIDAY

Choose a main meal....

Breaded Fish Fingers with Oven Baked Chips

Jacket Potato with Beans(VE), Cheese(V) or Tuna

Freshly Baked Baguette with a Choice of Filling

On the side...

Baked Beans

Salad Bar

For dessert...

Cherry Muffin (V)

WEEK 2

11/09/23, 25/09/23, 09/10/23, 30/10/23, 13/11/23, 27/11/23, 11/12/23, 01/01/24, 15/01/24, 29/01/24, 12/02/24, 04/03/24, 18/03/24, 15/04/24, 29/04/24, 13/05/24, 03/06/24, 17/06/24, 01/07/24, 15/07/24

MONDAY

Choose a main meal....

Margherita Pizza with Potato Dippers (V)

Jacket Potato with Beans(VE), Cheese(V) or Tuna

Sausage Roll with Potato Dippers (VE)

On the side...

Sweetcorn

Salad Bar

For dessert...

Strawberry Iced Fruit Smoothie (VE)

TUESDAY

Choose a main meal....

Keralan Chicken Curry with 50/50 Rice

Cheesy Tomato Pasta (V)

Golden Dippers with Diced Potatoes (VE)

On the side...

Carrots

Salad Bar

For dessert...

Toffee Muffin (V)

WEDNESDAY

Choose a main meal....

Sticky Chicken with Savoury Rice

Jacket Potato with Beans(VE), Cheese(V) or Tuna

Mac 'N' Cheese (V)

On the side...

Peas

Salad Bar

For dessert...

Fruit Jelly (VE)

THURSDAY

Choose a main meal....

British Pork Sausage with Mash & Gravy

Cheesy Tomato Pasta (V)

Sausage with Mash & Gravy (VE)

On the side...

Broccoli

Salad Bar

For dessert...

Fresh Fruit Platter (VE)

FRIDAY

Choose a main meal....

Salmon Fillet Fingers with Oven Baked Chips

Jacket Potato with Beans(VE), Cheese(V) or Tuna

Freshly Baked Baguette with a Choice of Filling

On the side...

Baked Beans

Salad Bar

For dessert...

Vanilla Cookie (VE)



Fruit, yoghurts, cheese and crackers available daily!



Jacket Potato Toppings:
Baked Beans (VE),
Cheese (V) & Tuna Mayo.

Baguette Fillings:
Ham, Cheese (V)
or Tuna Mayo



(V) Suitable for Vegetarians
(VE) Suitable for Vegans



Unlimited salad & vegetables!