



Cover sheet – delete this page once you have finished editing the document

- Feel free to edit / remove / add items based on the knowledge of your pupils, or to add your school name and logo, but please do not remove our branding
- Items in **yellow** need editing/completing/removing before you use the document
- Some words may need explaining, e.g. 'devices' or 'trusted adult', but were used to make the document as simple as possible. If your pupils know a different word, use that instead
- If some pupils need simpler or more complex language, try the other versions at safepolicies.lgfl.net, e.g. the symbolised version is great for learners with SEND and any younger pupil, or the more detailed KS2 version
- Note that this document covers sensitive issues, including getting undressed (why? See undressed.lgfl.net)
- We would love to hear how you use this AUP / if it's useful, how we can improve it and what else we can do to support you – get in touch with @LGfLSafeguardED on [Facebook](https://www.facebook.com/LGfLSafeguardED) or [X - Twitter](https://twitter.com/LGfLSafeguardED)
- Remember to talk about what or who a trusted adult is...and remember that can change.
- Why not display this AUP on a classroom wall alongside one of our online safeguarding posters at safeposters.lgfl.net?
- Remember our other resources (filtered by theme or key stage) at saferesources.lgfl.net, self-service CPD at safecpd.lgfl.net and live training at safetraining.lgfl.net
- Teachers may also find LGfL's SafeSkills Online Safety Quiz and diagnostic teaching tool at safeskillsinfo.lgfl.net particularly useful to capture and assess pupil resilience and competence for digital life. It is based on the UKCIS Education for a Connected World framework referenced in KCSIE.

My name is _____

1. I only **USE** devices or apps, sites or games if I am allowed to
2. I **ASK** for help if I'm stuck or not sure; I **TELL** a trusted adult if I'm upset, worried, scared or confused
3. I look out for my **FRIENDS** and tell someone if they need help
4. If I get a **FUNNY FEELING** in my tummy, I talk to an adult
5. I **KNOW** that online people aren't always who they say they are and things I read are not always **TRUE**
6. Anything I do online can be shared and might stay online **FOREVER**
7. I don't keep **SECRETS**  unless they are a present or nice surprise
8. I don't have to do **DARES OR CHALLENGES**  , even if someone tells me I must.
9. I don't change **CLOTHES** or get undressed in front of a camera
10. I always check before **SHARING** my personal information or other people's stories and photos
11. I am **KIND** and polite to everyone

My trusted adults are:

_____ at school

_____ at home

_____ at _____