



London Borough of Havering  
**ENGAYNE PRIMARY SCHOOL**  
Mrs S Sankey: Headteacher

April 2024

Dear Parents/Carers

**Year 6 Sex Education Programme**

The Year 6 Sex Education programme will commence next half term (w/c 3<sup>rd</sup> June). The lessons are broken down as follows:

| Theme   | Outcomes  |
|---|---|
| To explore the importance of communication and respect in relationships.  | <ul style="list-style-type: none"><li>– To explain some differences between a healthy and unhealthy relationship.</li><li>– To know that communication and permission-seeking are important in all relationships.</li></ul>                   |
| To explore positive and negative ways of communicating in a relationship. | <ul style="list-style-type: none"><li>– To be able to consider when it is appropriate to share personal/private information in a relationship.</li><li>– To know how and where to get support if an online relationship goes wrong.</li></ul> |
| To explore the emotional and physical changes occurring in puberty.       | <ul style="list-style-type: none"><li>– To explain the main physical and emotional changes that happen during puberty.</li><li>– To ask questions about puberty with confidence.</li></ul>  |
| To consider puberty and reproduction                                      | <ul style="list-style-type: none"><li>– To describe how and why the body changes during puberty, in preparation for reproduction.</li><li>– To talk about puberty and reproduction with confidence.</li></ul>                                 |
| To consider different ways people might start a family                    | <ul style="list-style-type: none"><li>– To describe the decisions that have to be made before having children.</li><li>– To know some basic facts about conception and pregnancy.</li></ul>   |

The children will be taught in their classes and a more detailed breakdown of the content is contained in the attached document. You can also access a copy of the school's Sex Education policy via the policies page of our website.

As a suggestion, you may also wish to consider buying the two 'What's Happening to Me?' books for boys and girls, (published by Usborne and available for purchase at a reasonable price on Amazon), as they will help you to familiarise your child with the topics being covered, if this is something you intend to do.

We appreciate that some parents/carers may object to the content of the sex education programme and it is our policy that parents/carers have the right to withdraw their children from it. If you would rather that your child did NOT take part, please complete the opt-out form on the next page and return it by 5pm on Friday, 10<sup>th</sup> May. Please note that **you only need to return this form if you do not wish your child to take part.**

Yours sincerely

Mr Manifold

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I **DO NOT** wish my child to take part in the Year 6 Sex Education programme, in the academic year 2023/24.

Name of child: \_\_\_\_\_

Child's form: \_\_\_\_\_

Name of parent / carer: \_\_\_\_\_

Signature of parent / carer: \_\_\_\_\_